We claim:

- 1. A method for ensuring sterility in a cleaning system for an instrument, comprising the steps of:
 - (a) introducing ozone into water from an inlet source to form sterilized water; and
 - (b) circulating said sterilized water through said cleaning system.
- 2. The method of claim 1, wherein said sterilized water is formed by introducing ozone into water contained by a reservoir in fluid connection with said instrument cleaning system.

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- 3. The method of claim 2, wherein said reservoir is pressurized.
- 4. The method of claim 1, wherein said water includes between 0.1 and 15 percent ozone by volume.

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- 5. The method of claim 1, wherein said system includes a filter disposed between the water inlet and the instrument cleaning system and said ozone is introduced before said water contacts said filter.
- 6. The method of claim 1, wherein step (b) is performed periodically during periods in which the system is not in use.
 - 7. The method of claim 1, wherein step (b) is performed after said instrument has been cleaned and sterilized.

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- 8. The method of claim 1, wherein said instrument comprises a lumened instrument.
- 9. The method of claim 8, wherein said lumened instrument is cleaned and rinsed in a connector-less chamber such that no cleaning system structure contacts an end of the lumened instrument.

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- 10. The method of claim 8, wherein said lumened instrument is pre-treated by injecting a liquid thru an end to determine whether a blockage exists within said lumened instrument.
- 11. The method of claim 10, wherein, if said blockage exists, a filament is run throughsaid lumened instrument prior to step (a) being performed.
 - 12. The method of claim 1, wherein said sterilized water has a bacteria, spore, or fungus content of less than 1 colony forming unit per 100 milliliters.
- 13. The method of claim 2, wherein said sterilized water is formed by introducing ozone into the water contained by the reservoir occurs in parallel with a wash process that is occurring in said instrument cleaning system such that said sterilized water is ready for use after said wash process is complete.
- 15 14. An apparatus for cleaning and sterilizing an instrument, comprising:
 - a chamber adapted to connectorlessly engage said instrument during cleaning and sterilization, said chamber including a fluid exhaust port,
 - a pressurized water reservoir in fluid connection with said chamber,
 - a re-circulating water pump in fluid connection with said water reservoir,
 - a water source in fluid connection with said water reservoir; and
 - a means for introducing ozone into said water from the water source.
 - 15. The apparatus of claim 14, further including a filter means disposed between the water source and the pressurized water reservoir.
 - 16. The apparatus of claim 15, wherein said ozone is introduced before the water contacts said filter means.
- 17. The apparatus of claim 14, wherein the water source is in fluid connection with both the pressurized water reservoir and the chamber.

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- 18. The apparatus of claim 17, further including one or more filter means disposed between the water source, the pressurized water reservoir, and the chamber.
- 5 19. The apparatus of claim 14, wherein said chamber is pressurized.

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- 20. The apparatus of claim 14, wherein said water includes between 0.1 and 15 percent ozone by volume.
- 10 21. The apparatus of claim 14, wherein said instrument comprises a lumened instrument.
 - 22. The apparatus of claim 14, wherein said means for introducing ozone achieves a greater than log six reduction in any bacteria, spores, or fungi present within said apparatus.